

Annual Report to Board of Trustees

As required by law, the Spearman ISD School Health Advisory Council (SHAC) is required to report to the school board at least once annually with detailed accounts of the SHAC activities and recommendations.

The members of the Spearman ISD School Health Advisory Council (SHAC) for the 2010-2011 school were Chairperson Kristi Jarvis, Gwenda Hanna, Tami Kunselman, Nora Saenz, Misty Williams, Sandy White, Carla Willimon, Dr. Mark Garnett, Todd Baird, Kenny Eudy, Tami Hargrove, Chad Wilkerson, Linda Winegarner and Rodney Sumner. Based on the recommendation to have a representative from the Food Service Department on the SHAC committee, Denise Blackburn has agreed to serve on this committee.

The Spearman ISD School Health Advisory Council (SHAC) met four times this past school year: December 6, 2010, January 12, 2011, March 9, 2011 and May 25, 2011. All agendas and minutes of these meetings were posted on the District's web page and have been made available to the public and any interested party (spearmanisd.net).

Activities sanctioned by the School Health Advisory Council (SHAC) for this past year were:

- Choices and Consequences Program
- First year of the Worth the Wait Program
- Pre-post survey on effectiveness of Worth the Wait (delayed sexual activity and promoted abstinence)
- TEAM Impact
- Texting and driving assembly (Jeannie and Johnny Brown of Wellman, TX)
- *FitnessGram*
- Diabetes Walk (raised approximated \$2,700 for the Diabetes Association)
- CATCH Program (A Coordinated Approach to Child Health)

Currently, we are waiting for the results of the post survey for the Worth the Wait Program. We may not receive the results of this survey until mid-summer; however, it is the consensus of the SHAC to continue with this program if funding is made available from the Spearman Independent School District Board of Trustees. One comment by a member of the SHAC was, "I believe it would have a negative effect to jerk the rug out from under this program after one year. The impact of the program goes beyond sex education including character development, decision making and responsibility which are important skills for our children to have. I just don't think one year is enough time to see what kind of impact the program will have on our students."

On behalf of the School Health advisory Council, I would like to thank the Board of Trustees for their support and for allowing this committee to operate and provide input to the Board of Trustees. This past school-year has been very successful, and we hope through some of our efforts our students will be better prepared to make healthy lifestyle choices and in return have a long and satisfying life.

Respectfully submitted,



Kristi Jarvis, Chairperson
Spearman ISD SHAC